Girls New Paltz 2019 Cross Country Schedule

SAT dates look to be Oct 5th (Brewster); November 2nd and Dec 7 / ACT: Sept 14^{th} , Oct- 26^{th} , Dec 14th Try to plan around our meets

DAY	DATE	BUS	MEET (Weekday meets start at 4:15)
Friday	9/6	2:30	@ Wallkill Invite (1st year trying this) -Starts at 4
Sat	9/14	TBA	@ Warwick Invite at Sanfordville Elem-Starts 8:45
Wed	9/18	2:30	@ Spring Farm with Marlboro, Onteora, Coleman
Sat	9/21	TBA	@ Suffern Invitational at Bear Mountain.
Wed	9/25	2:30	@ Spackenkill with Rondout, Millbrook
Sat	9/28	TBA	Practice
Wed	10/2	2:30 @ RI	hinebeck with Mount Academy, Ellenville, Red Hook
Sat	10/5	TBA	Brewster Invitational (SAT Test date)
Mon	10/7	2:30	@ Spring Farm with Highland, Dover, Webutuck (Senior recognition)
Sat	10/12	TBA @	Burnt Hills Invite-Saratoga State Park or Manhattan
Wed	10/16	2:30	@ Wallkill with Saugerties and FDR
Sat	10/19	TBD	Practice
Thurs	10/24	TBA	@ League Meet at Ulster College -I assume

All-league Awards varsity only: Top 21 in the varsity races receives medals. **Most athletes are done** after the league meet. Only top 7 go on.

Wed Section IX @ Bear Mt. Only Top 7: Not sure of time as of 8/19/19 **BoysB-11:00?** Girls B-1:30 ?

Schools in Class B include: Goshen, Wallkill, Monticello, Saugerties, Port Jervis, New Paltz, Red Hook, Rondout, Mount Academy

Sat 11/16 NYSPHAA State Championship @ SUNY Plattsburg Races: Boys B at 9:30 Girls B at 11:30

Home meets are at Spring Farm

Coach Gregory: Home 679-8138 School e-mail: agregory@newpaltz.k12.ny.us Home e-mail: agregory@newpaltz.k12.ny.us

• For the Web page- go to the HS webpage- under Quick Links look for coaches page-then Cross-Country.